



Business Breakthrough

Day One: Who Are You?
Owning Your Message

Day Two: Who You Serve
Nailing Your Ideal Client With Excitement

Day Three: Services
A Whole New Way Of Looking At Your Offerings

Day Four: Future Mapping
Lighting The Fire 🔥





Business Breakthrough

Journal Prompts & Homework



Day One: Who Are You? Owning Your Message

What is my intent for _____? (my business, this project, my services)

★ The reason that I started (or am now starting) this business was...

How has my life been prepared me for this all along?

I want to be known for....

★ I WILL SUCCEED because....

THE GOOD FEELING LIFE





Make Money, Change The World

Journal Prompts & Homework



Day Two: Who You Serve

Nailing Your Ideal Client With Excitement

Who would be the most rewarding and fulfilling client?

★ 10 ways that I can help her are...

★ How do I feel after being in a session with my ideal client?

What is her/his name?

How do I want her/him to feel when they are done working with me?
Or when they use my products...

How do I feel when our contract is up?





Make Money, Change The World

Journal Prompts & Homework



Day Three: Services

A whole new way of looking at your offerings

★ What would SHE be offering? SHE = my best self, my 6-figure self, the confident me, the millionaire me...

What would SHE be charging for these services?

How many days per week would SHE be working?

★ What would make my business fun that SHE would do?

What is one big stress that I could outsource?

What would my ideal income be and from what sources?





Make Money, Change The World

Journal Prompts & Homework



Day Four: Future Mapping

Lighting The Fire 🔥

FIRST, PICK FROM THESE

★ The big milestones that I will achieve are...

★ The big visions that I have are... books, tours, workshops, 20K months, healing retreats, collaborations, big stages

When I achieve my first milestone, it's going to feel so...

★ I will celebrate with _____ when I hit my first milestone and we will....

When I am fully confident that it all had fallen into place and that I am in a secure, abundant, successful business - it will feel so....





Make Money, Change The World


Journal Prompts & Homework



Day Four: Future Mapping

Lighting The Fire 🔥

SECOND, PICK FROM THESE

- ★ How my does my successful business look different than what I have right now?
What am I doing/offering in that business that I am not doing/offering now?
 - ★ What do I need to change or shift into for this to happen? What do I need help with?
 - ★ Intuitively, what is the first inspired action that I need to take?
What practices do I need to implement in order to be in that future?
The next few inspired actions are...
- 



Make Money, Change The World

Journal Prompts & Homework



Day Four: Future Mapping

Lighting The Fire 🔥

THE INSPIRED ACTIONS THAT I FEEL NUDGED TO
TAKE ARE....

